

# Getting energy advice



There are many organisations that can help and advise you if you're struggling with your energy bills. But first contact your supplier for advice and make sure you are receiving all the support available to you.

Visit [ofgem.gov.uk/EnergyAware](https://www.ofgem.gov.uk/EnergyAware) to find out more.

Helping you be #EnergyAware

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